



## INFORMATION FOR FAMILIES REGARDING CORONAVIRUS

Hello Frost Families-

As last night's LWSD districtwide communication outlined, schools will remain open following [the Centers for Disease Control](#) (CDC) and Washington State Department of Health (DOH) recommendations regarding coronavirus (COVID-19). Schools can play an important role in the effort to prevent spreading the virus and disseminating information about the disease within their communities. In light of this, I want to inform you of what is taking place at Robert Frost Elementary and with your own student(s).

### Cleaning

Custodial staff have been directed to **prioritize and increase frequency of cleaning common and high traffic areas each day**. Prioritized cleaning includes bathrooms, the lunchroom, common spaces, and "high touch" surfaces such as door handles, emergency bar on doors, etc. Teachers also have access to sanitizer cleaning spray for use in the classroom as needed.

### Handwashing

Handwashing with soap and water for at least 20 seconds is the most effective way to contain the spread of illness and disease, including COVID-19. We are prioritizing handwashing **when students arrive at school, anytime they have used the restroom, and prior to lunch**. These are always good habits, and critical to the containment of the disease. Our custodial staff will keep soap and sanitizer fully stocked in bathrooms and classrooms to support these efforts. Staff will also reinforce good hygiene and remind students not to touch their face, nose, or mouth, sneeze/cough into a tissue or elbow, and reduce physical hand contact (high fives, first bumps, etc.).

### Tips to Stay Healthy at Home

The CDC is recommending our community to continue going about their daily lives while taking simple precautions like those outlined below to reduce the risk of contracting COVID-19. We are still learning more about how the Coronavirus is transmitted, but according to the CDC, most cases are likely to be the result of close contact – within 6 feet of someone with an infection – or through coughs and sneezes.

The [CDC recommends the following](#):

- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol.
- Avoid close contact with people who are sick.

- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash and wash your hands.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

If your student is presenting symptoms of COVID-19 they should remain home from school and see a healthcare provider. Symptoms include a fever of 100 degrees, cough, shortness of breath and/or difficulty breathing.

### **Absences and Make-ups**

While school is remaining open, we understand that some of you don't feel comfortable sending your children during this time. If your child is going to be absent, please continue to follow normal procedures by emailing or calling our Safe Arrival line to report the absence so it can be excused (425-936-2561).

Some parents have asked teachers to send home missed work for absent students. At this time, we are treating absences per our usual policy. Since we are unable to replicate what happens in the classroom, students missing school will be able to get materials upon their return for completion at home with parent support. Your child's classroom teacher will be following their classroom procedures for saving missed assignments for your child to complete upon their return. Students will be given a reasonable time to complete missed work, typically one day for each day missed. If families would like to pick missed work up before their child returns to class, please communicate with your child's teacher to coordinate this. Please note that missed work will not be provided ahead of time and will be available *following* the absence. Teachers are not expected to create additional assignments or remedial instruction for students missing school.

### **Facts Not Fear**

In addition to taking basic health precautions, it is equally important that we know the facts about coronavirus (COVID-19) and get information from trusted sources like the CDC and Washington Health Authority. Rumors and misinformation can easily circulate on social media, and we all have a duty to stop their spread. Updated information is available through our school district on our website at <https://www.lwsd.org/programs-and-services/health-services/coronavirus-information>.

Coronavirus can make anyone sick regardless of their race or ethnicity. People of Asian descent are **not** more likely to get or spread COVID-19 than any other American. You can help keep our school safe for everyone by sharing accurate information with your children and fellow community members. We know this situation can raise anxiety and fears. Knowing that this can be a difficult topic to talk with your student(s) about, please contact us if you have questions. One resource we have used at Frost is available online here: [What Kids Want to Know About Coronavirus](#).

If you have feedback, questions, or concerns regarding COVID-19 and our district response, please visit the [LWSD website](#) for the most up-to-date information. On the website, you will see the "Let's Talk" feature. Click on this, select "Coronavirus" as the topic and note your feedback or questions. This feature is being regularly monitored.

I understand that families may continue to have questions and concerns. This is an evolving situation for schools and the community at large, and we will continue to follow direction provided by our school district as they coordinate with county and state health agencies. You can expect weekly updates from our school district, and we will supplement as needed in our Tuesday communications. In a public health crisis it is important that we come together as a community and

to continue to demonstrate our Roadrunner Pride values of being kind, safe, and respectful as we navigate these unfamiliar waters.

Toby Brenner  
Principal, Robert Frost Elementary School

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## STG & DISNEY MUSICALS IN SCHOOLS PRESENTS!



Mark your calendars!

When: March 26th and 27th at 7:00 PM

March 28th at 11:00 AM and 1:00 PM

Where: Robert Frost Commons

Tickets sold at the door - \$8.00 for adults and \$5.00 for children

Concessions sold by Robert Frost PTSA



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## FROST PTSA - DID YOU KNOW?

Frost PTSA has a weekly newsletter and a Facebook page where they post the most up-to-date information and Frost news and events.

Visit <http://frostptsa.org/en/news/newsletter>

@Robert Frost Elementary PTSA

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## **IMPORTANT CALENDAR DATES**

Friday, March 13 - No school for students

April 6-10 - Spring Break

Tuesday, May 26 - Full school day

Wednesday, June 17 - Wednesday schedule school day, school out at 2:20 PM

Thursday, June 18 - Regular schedule school day, school out at 3:50 PM

Friday, June 19 - Last day of school, half day, school out at 12:20 PM

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